



NFC Jiu Jitsu Presents The Choke\$ & Check\$ Open Rules

Scoring

*Scoring will be based off the IBJJF scoring system with the following exceptions:

*No advantages will be awarded for submission attempts. Instead a competitor will be awarded 3 points. These points will **ONLY** be awarded if the referee feels the competitor is in **REAL** danger of being submitted.

*In the event of a double guard pull, the competitor that comes on top and maintains for 3 seconds will be awarded 2 points.

Rules

*All matches will follow the rules set by the IBJJF with the following exceptions:

*Stalling or Lute will be called after 10 seconds of a lack of combativeness as opposed to 20 seconds.

*All lower body attacks and submissions and smothering are allowed in the Advanced, Adult No Gi Divisions.

Masters and Executive:

*In Advanced No GI Divisions, if both competitors agree and inform the referee before the match, then they can use the same rules as adult. If nothing is said to the referee before the match, then adult rules do not apply

Uniform

NO GI

*Competitors must wear spats, board shorts, vale tudo shorts or a combination of the three. Gi pants are not allowed.

*Competitors may wear a tight fitting rash guard top or male competitors may go topless.

GI

*The same criteria used by IBJJF towards gi size and patch placement will be applicable. All gi colors are allowed.

Single round format for Jiu Jitsu matches with NFC JJ scoring.

Divisions will be offered for gi and no gi. Gi divisions will have white through black belt. No gi divisions consist of beginner (white belt), intermediate (blue/purple belt), and advanced (brown/black).

Competitors may move up in no gi divisions (i.e. intermediate may compete in advanced), but will not be allowed to change divisions in the gi (must compete against your same belt).

The age divisions offered will be juvenile (14 and below), teen (15-17), adult (18+), masters (30-39), and executive (40+).

\$100 to register. You may register for multiple divisions. 50% of the money for each bracket goes to the bracket winner. (Ex: 10 person bracket = \$500 to the winner).

You may enter as many divisions as you like, but you must pay \$100 to enter each division (i.e. a 44 year old competitor could enter the adult, masters, and executive divisions, but would pay \$300).

ENTRY FEE

Entry fee is \$100 per competitor per division until Sunday, February 14 at 11:59 pm.

\$125 from February 15 until Wednesday, February 17 at 11:59 pm.

Registration ends Wednesday, February 17 at 11:59 pm.

WEIGHT CLASSES (MAX WEIGHT)

Women: 110 lbs, 122 lbs, 135 lbs, 148 lbs, 160 lbs and Unlimited.

Men: 130 lbs, 145 lbs, 160 lbs, 180 lbs, 205 lbs, 230 lbs and Unlimited.

You do not need to weigh in with your gi or no gi clothes on. You may weigh in with whatever you'd like on, down to your underwear. You may begin weighing in at 11 am if you'd like. Should you not make weight, you may keep trying to make weight until your division begins. You may also weigh in at 11 am, leave to eat, then return one hour

before your division begins. If you miss weight, you will be taken out of the tournament with no refund.

LOCATION

Elite Edge is located at 3550 Broad Street, Chamblee, GA 30341. Doors open at 11 am and the event begins at noon.

TICKETS

Tickets can be purchased both online and at the door. Link will be posted on NFCFighting.com website.

TIME LIMITS

Time will be based upon the competitor's division.

All gi/no gi juvenile, teen, masters, executive division matches will be 5 minutes.

Adult Gi Match Times:

White belt: 5 minutes

Blue belt: 6 minutes

Purple belt: 7 minutes

Brown belt: 8 minutes

Black belt: 10 minutes

Adult No Gi Match Times:

Beginner: 5 minutes

Intermediate: 6 minutes

Advanced: 8 minutes

ARRIVAL TIMES FOR COMPETITORS & WEIGHINS

Please arrive to Elite Edge 1 hour before your scheduled fight time. For weighins - you do not need to weigh in with your gi or no gi clothes on. You may weigh in with whatever you'd like on, down to your underwear. You may begin weighing in at 11 am if you'd like. Should you not make weight, you may keep trying to make weight until your division begins. You may also weigh in at 11 am, leave to eat, then return one hour before your division begins. If you miss weight, you will be taken out of the tournament with no refund.

FOOD & DRINK

There will be a food truck on location with food and drinks available throughout the day.

Please do not bring your own food. Competitors are allowed to bring their own beverages and snacks.

WHAT SAFETY PRECAUTIONS WILL THE NFC BE USING FOR THIS EVENT?

We will be using all of the safety measures that are in place at other business' at the time of the event. Plus temperature check of all competitors, trainers, fans and staff.

REAL TIME SCHEDULE

We are utilizing Smoothcomp registration for this event. This means during the tournament you'll be able to see the live updated schedule for both mats and see when you'll be competing. During the event, you will be able to access this information from your mobile device.

QUESTIONS

If you have any questions, please post your questions on Facebook in the "NFC Community" so that others competing can see the Q & A. Or message David Oblas at mrdauidoblas@gmail.com

(Please note that if there are no other registrations for your division we will contact you to move you into another division)